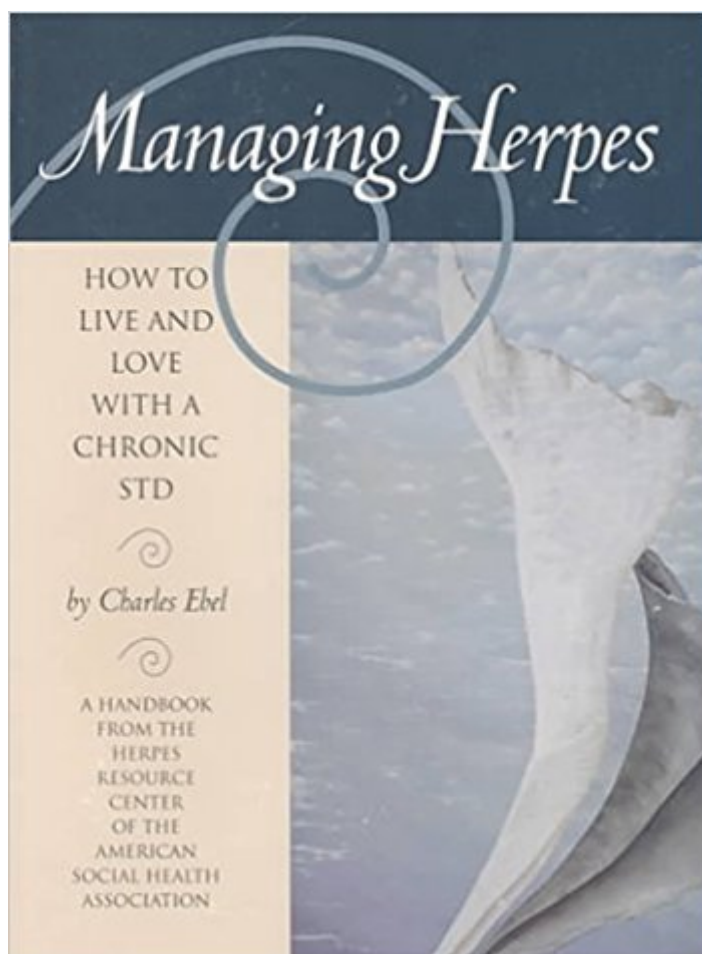


The book was found

Managing Herpes: How To Live And Love With A Chronic STD



Synopsis

Now in its 3rd edition, *Managing Herpes* provides a balanced perspective on the medical and emotional issues surrounding genital herpes. Nineteen chapters cover recurrences, treatment options, transmission, pregnancy, telling your partner, impact of sexuality, long-term relationships, vaccine research and more. The definitive book for information on herpes. --This text refers to an out of print or unavailable edition of this title.

Book Information

Paperback: 238 pages

Publisher: Amer Social Health Assn; 2 Revised edition (June 1998)

Language: English

ISBN-10: 1885833032

ISBN-13: 978-1885833037

Product Dimensions: 1 x 5.5 x 7.5 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 4.0 out of 5 stars 10 customer reviews

Best Sellers Rank: #1,100,932 in Books (See Top 100 in Books) #32 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Herpes #583 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Diseases

Customer Reviews

With 20 percent of the American population now carrying the virus that causes genital herpes, the revised edition of this book, first published in 1994 by a nonprofit organization dedicated to stopping sexually transmitted diseases, is timely and welcome. Written for lay readers, it provides the latest information on the diagnosis and treatment of genital herpes as well as balanced, supportive advice on living with this chronic disease. The author is very reassuring as he tells readers that normal life, including sexual relationships and childbearing, is possible and that several options are available for managing outbreaks. He stresses the importance of open communication and safe sex practices. A bibliography, glossary, and resource list provide further information. As the only title currently available on herpes, this useful book is highly recommended for all collections. ?Barbara M. Bibel, Oakland P.L., Cal. Copyright 1998 Reed Business Information, Inc.

Anyone embarking on the journey toward adjustment and acceptance of genital herpes should have this invaluable resource. -- Carl Vanderplate, Ph.D. *Managing Herpes* is a unique contribution. I am

sure that the public and the medical professional will find it invaluable. -- Lawrence Corey, M.D.

--This text refers to an out of print or unavailable edition of this title.

I found the book very easy to read, and it provided a wealth of information. It not only outlines what Herpes is but offers insight into how and why people respond as they do when they find out they have it. It also covers how to tell a potential partner and, more importantly, how to limit the risk of transmission.

This book was very informative and motivating. It help me to understand some of the emotional effects of having a STD. It encourage you to keep living life to the fullest.

Excellent book though a bit outdated.

I thought this was a good book. It was a little hard to follow and I took my time reading it but it had good and thorough information on the subject with learning to live with it and treatment etc.

This was a great, condensed source of information.Thank You Mr. Ebel

Read this book! I've done research, and this is the best source I have found.Hi, I'm Julie, and I am no longer STD free as of February, 1998. My lover exposed me to this virus, and although he was very dishonest, and knew he was doing it, I think most of the time transmission happens with innocence &/or ignoracne.Most of HSV II (genital herpes) harborers/carriers do not know they have it. One can have this for years, transmit, and never have an "outbreak."Soon we will come to terms with this stigma. (Herpes is a 'dirty disease.')

I was devastated when I learned that I had it, and my primary episode (first outbreak) was traumatic both physically and emotionally. I could not tell anyone, and suffered alone. My lover refused to tell me that he exposed me, and created an elaborate lie to explain it all. My doctor thought what I had could be Herpes, but did not treat me for it. Instead, she gave me multiple creams & sabs that made matters worse. Even after Herpes II was identified, she insisted that I continue applying creams to the area -- and that is a mistake. I immediately learned all I could via the Internet. I knew to stop the creams, topicals, and to let air help heal the sores. My sores were so bad that I bled for four days -- not a period! The best source I have found is Ebel's book. This is an easy read, and full of very useful information.Read this book!!

guess what I would like, in addition to this wonderful book, is a history of Herpes. I know in the past

we hid it, and were in denial, (that's how Herpes became such a negative stigma.) This book could benefit from a chapter on the history of Herpes Simplex II, & I. A vaccine is on its way -- it really looks like it is just around the corner. It's important to have a doctor that knows this stuff. Mine didn't. So, a dishonest lover & an ignorant physician can make life difficult, for a time. But -- I did do my homework & in days knew my options. Do your homework! -- read this book. Even though I hate that I am no longer STD free, I am kind of accepting that I am a person with just another very common microbe. It was not my fault that I got this. Even if it was, so what? It's not deadly. We build antibodies. This almost helps me to better accept myself and to find a true and intimate lover. I guess that is my next step. There is a lot of hope in Ebel's book. And, it can bring you down to earth in dealing with other STDs. Read this book! If you have any comments, questions, or just want to e-mail, do! Julie2July@AOL.com.

I've been an STD Patient Advocate since 1999. I have personally handed copies of this book to several people who have been diagnosed with herpes. I believe that it provides a clear overview of the herpes virus, the risks, the treatment options, the preventative measures and so forth. When a person is newly diagnosed, they can become overwhelmed with all the misleading information and even horrific photos they may find on the internet. This book is a means to minimize the confusion. If you are looking for a resource that explains the virus fully, this is it! If you are looking for a book that explains how best to live with herpes, check out Dr. Ruth's new book -- Dr. Ruth's Guide to Talking About Herpes. Two books that anyone with herpes won't want to be without! Gayla STD Patient Advocate at [...]

I found this book at the American Social Health Association (ASHA) site after I was diagnosed with HSV. I was lucky to have a physician who recognized my sores immediately and prescribed the proper medication (Valtrex). The virus was suppressed within 5 days. Herpes is not a death sentence nor is it "dirty" as the social stigmas would have you believe. Get this book. Get the appropriate treatment. You will be fine!

[Download to continue reading...](#)

Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Herpes: for beginners - Herpes Cure - Herpes Remedy - Genital

Herpes (Herpes Cure - Herpes Treatment - Herpes Therapy - Herpes Remedies Book 1) Herpes: 50
Ultimate Herpes Cures: How to eliminate Herpes for life and never suffer from outbreaks again
(Herpes Treatment, Genital Herpes, Herpes Zoster, ... Cold Sore, Health, Herpes Protocol Book 1)
Herpes: HERPES TREATMENT. HERPES CURE.: How to Finally Overcome Herpes and Cure
Herpes Forever (Herpes Cure, Herpes Treatment) Herpes: The Ultimate Herpes Cure (Herpes,
Herpes Cure, Herpes Treatment, Herpes Virus, Herpes Free) Herpes: The Ultimate Beginners
Guide To Eliminating Herpes: How You Can Overcome Herpes And Finally Enjoy Your Sex Life
(Herpes, Cold Sore, How To Cure ... Cure, Genital Herpes, Herpes Simplex,) The Herpes Cure:
Permanent Solutions To Treating Herpes (Cold Sore, Genital Herpes Cure, Genital Herpes Book,
herpes cure, cure herpes The Herpes Solution: How to Free Yourself of Genital Herpes... for Good!
(Genital Herpes Book, Cold sores, genital herpes, genital herpes cure, genital herpes treatment)
Herpes: Herpes Cure: Treatments for Genital Herpes and Oral Herpes, Diagnostic Techniques and
How to Stay Herpes Free for Life (Health and Fitness Book 2) Managing Herpes: How to Live and
Love With a Chronic STD Herpes: Herpes Cure: A Complete Guide To The Medical And Herbal
Treatments For The Herpes Simplex Viruses (Herpes, Genital Herpes, Cure) The Herpes Cure:
Ultimate Guide To Herpes Cure And Be Free Of Herpes Forever: Herpes Treatment, Skin Care, Self
Care, Free Herpes Herpes Free Guarantee: How I Got Rid Of Herpes Completely Without The Use
Of Drugs. Follow These Simple Steps And You Can Be Herpes Free (Cold Sore, Skin ... Simplex,
Sexually Transmitted Disease, STD) The Herpes Cure: Obliterate the World's Most Annoying
and Exaggerated Virus and Finally Cure Herpes (Second Edition, Developed Life Health and
Wellness ... Herpes Prevention, Herpes Cure) Book 1) The Herpes Cure: Treatments for Genital
Herpes and Oral Herpes, Diagnostic Techniques and How to Stay Herpes Free for Life Herpes
Treatment: Prevent Recurring Outbreaks And Heal Herpes Naturally (Herpes Books, Cold Sore,
Immune System Boost, Virus Outbreak, Herpes Simplex) Herpes: A Comprehensive Guide To
Thriving And Living A Proactive And Fulfilling Life (herpes, genital, std, sexual health, sensual)
Quick and Permanent Cure for Herpes: Natural Herpes Remedies That Proven to Destroy the
Herpes Virus! HERPES: Genital Herpes and Oral Herpes: Symptoms, Diagnosis, Treatments,
Pregnancy, Newborn, Preventions, Self-Care, Counseling, Research

[Contact Us](#)

[DMCA](#)

[Privacy](#)

